

**Orkney Alcohol
& Drugs
Partnership**

Orkney
Services

2024

Orkney Alcohol and Drugs Partnership

The Orkney Alcohol and Drugs Partnership (OADP) is a multi-agency organisation incorporating over 30 members, including NHS Orkney, Orkney Islands Council, Police Scotland, and the Voluntary Sector.

The partnership is overseen by a support team of two staff who ensure that all members are able to contribute towards various aspects of substance misuse in Orkney which include the four key concepts indicated in the ADP Strategy;

- *Fewer people develop problem drug or alcohol use.*
- *People access and benefit from effective, integrated, person-centred support to achieve their recovery.*
- *Children & families affected by alcohol and drug use will be safe, healthy, included and supported.*
- *Vulnerable people are diverted from the justice system wherever possible and those within justice settings are fully supported.*

OADP are committed to promoting positive change by addressing all aspects of substance misuse within Orkney. Through effective and efficient Partnership working, we will empower and support individuals, families, and communities to move towards a safe and healthy lifestyle, free from the negative impacts of substance misuse. Our vision is to help create a supportive, positive environment in Orkney which reduces the harms of problematic substance use.

This service directory outlines details of the local support services within Orkney which might be helpful to individuals and families affected by substance use.

Orkney Drug & Alcohol Team

Orkney Drug & Alcohol Team are a small team of staff working within the Community Mental Health Team specializing in working to support those who experience issues around substance use.

Address: Vaenta, Scapa Crescent, Kirkwall, Orkney, KW15 1RL

Tel: 01856 888280

Email: ork.cmht@nhs.scot



Orkney Community Mental Health Team

Orkney CMHT are a multidisciplinary team offering a community based service across Orkney. The team works with people who have complex, acute and/or enduring mental health needs, in partnership with the service user, their family and carers

Address: Vaenta, Scapa Crescent, Kirkwall, Orkney, KW15 1RL

Tel: 01856 888280

Email: ork.cmht@nhs.scot



Orkney Child and Adolescent Mental Health Service

Orkney CAMHS are a small team of staff embedded within the Community Mental Health Team to provide a service for children & young people up to 18 years of who are experiencing mental health difficulties.

Address: Vaenta, Scapa Crescent, Kirkwall, Orkney, KW15 1RL

Tel: 01856 888280

Email: ork.cmht@nhs.scot



Relationships Scotland Orkney

RSO are a Third Sector service providing counselling, Mediation and other forms of family support. They are commissioned by OADP to provide counselling and support for adults affected by Substance misuse, and support for family members affected by a Loved one's substance misuse.

Address: Orkney Counselling & Support Centre, 1st Floor, Travel Centre, West Castle Street, Kirkwall, KW151GU

Tel: 01856 877750

Email: enquiries@rsorkney.org.uk



Right There Orkney

Right There are a Third Sector service, commissioned by OADP that offers support:

- 1) *For People: Counselling,*
- 2) *At Home: Supported Accommodation*
- 3) *In then Community: Outreach Support*

by offering emotional and practical support, we can meet people where they are in life, offering the right support at the right time.

Address: Glaitness Farmhouse, Glaitness Road, Kirkwall, KW151TN

Tel: 01856 879958

Email: hello@rightthere.org

The logo for Right There consists of the words 'Right There' in a large, white, sans-serif font, centered on a solid yellow rectangular background.

For People.
At Home. In the Community.

Nordhaven Clinic

Nordhaven clinic is an NHS based clinic, commissioned by OADP to provide Needle Exchange Services, they also provide a sexual health clinic, STI testing, contraception, BBV testing & support around sexual assault.

Address: Skerryvore Practice, The Balfour, Foreland Road, Kirkwall, KW151BH

Tel: 01856 888917

Facebook: <https://www.facebook.com/nordhavenclinic>

The logo for Nordhaven Clinic features the words 'NORDHAVEN CLINIC' in a large, grey, serif font. Below this, the text 'Offering A Range Of Free Sexual Health Advice And Treatment' is written in a smaller, grey, sans-serif font.



Orkney Drugs Dog

Orkney Drugs Dog is a third sector service undertaking prevention and education work within the Orkney Community to reduce harms associated with substance use

Address: SFRS Offices, Great Western Road, Kirkwall, Orkney, KW151QS

Tel: 01856 875428

Email: enquiries@orkneydrugsdog.co.uk



Orkney Blide Trust

Orkney Blide Trust is a third sector service providing a wide range of support services for people affected by mental ill hea

They offer the following:

- *One to one support*
- *Drop in Service*
- *Therapeutic Blide/Purposeful Blide/Active Blide*
- *Haven Cafe, Young Person's project, Housing support*
- *Time2Talk Counselling Service*
- *Befriending*
- *Out and About in the Community*
- *Money Matters Project*

Address: Blide House, 54, Victoria Street, Kirkwall, KW151DN

Tel: 01856 874874 / 07840198022

Email: admin@blidetrust.org



Orkney Youth Cafe

Orkney Youth Cafe is a third sector service offering a range of Diversionary activities and support for young people up to the Age of 24. They offer a variety of sessions Wed – Sat, a drop in Service with a cafe, free WI-FI, and a large variety of activities for Young people in Orkney.

Address: Orkney Youth Café, Kirkwall Town Hall, St Magnus Lane, Kirkwall, KW151DH

Tel: 01856 886499

Email: youth.cafe@orkney.gov.uk



Alcoholics Anonymous Orkney

AA is a national third sector service who provide fellowship support for those experiencing problems with alcohol. Members help themselves and others to recover from alcoholism. AA utilizes the 12 Step model. Orkney AA meet every Thursday at 7pm in the King Street Halls in Kirkwall but AA also offer online meetings at any time, worldwide via the AA website.

Address: King Street Halls, 6 King Street, Kirkwall,
KW151NN

Tel: 0800 9177650

Email: help@aamail.org



Highlands & Islands Groups of Narcotics Anonymous

HIGNA are a collection of NA groups based in the Highlands & Islands of Scotland. NA provide fellowship support for those experiencing problems with substance use. Members help themselves and others to recover from substance use. HIGNA meet online on a weekly basis, links to meetings can be found on the HIGNA website.

- *Just For Today* – Sunday 18:00 ~ 19:00 & Wednesday 13:00 ~ 14:00
- *Step & Traditions Meeting* – Monday - 13:00 ~ 14:00
- *LGBT+ (Let's Get Better Together)* – Monday 19:00 ~ 20:30
- *Tuesday Lunchtime Meditation - Step 11* -13:00 ~ 14:00
- *Ask It Basket* – Tuesday - 18:30 ~ 20:00
- *Women's Meeting* – Wednesday - 18:30 ~ 19:45
- *Thursday IP Lunchtime Meeting* - 13:00 ~ 14:00
- *Illness in Recovery* -Thursday 18:30 ~ 20:00
- *Living Clean* – Friday 19:00 ~ 20:30
- *Saturday Speaker Meeting* - 18:00 ~ 19:30

HIGNA Meetings: <https://www.higna.org.uk/meetings-list>

Tel: 0300 9991212

UK NA Website: <https://ukna.org>



Action for Children

Action for Children are a national charity working to improve life for children in the UK. Their Orkney Project has two strands within the service: *the Orkney Emotional Wellbeing Service* who offer emotional wellbeing support to those aged between eight and 18 years old, and *SKIPTA*, who offer support to young people aged 12 to 18 who are Negatively impacted by alcohol or substance misuse, either their own or parental.

Address: The Life Centre, East Road, Kirkwall, KW15 1LX

Tel: 07977065529

Email: Catherine.MacLeod@actionforchildren.org.uk



Women's Aid Orkney

Women's Aid Orkney are a third sector service who provide specialist domestic abuse support for women and children in the Orkney community. Their support workers provide emotional and practical support, advocacy, and advice. WAO also manage temporary accommodation for women and children affected by domestic abuse.

Address: WAO, PO Box 6231, Kirkwall, KW159BP

Tel: 01856 877900

Email: info@womensaidorkney.org.uk



Orkney Rape & Sexual Assault Service

ORSAS is a third sector service which provides free and confidential information, advocacy, and support to anyone in Orkney (age 13 and over) affected by any form of sexual violence, including survivors of sexual violence and their friends, partners, and families.

Address: ORSAS, 26 Bridge Street, Kirkwall, KW151HR

Tel: 01856 872298

Email: contact@orsas.scot



Vital Talk

Vital Talk is a small third sector service who provide integrative Counselling to anyone over 16 years of age, and if desired clients can Choose Christian counselling. Appointments are available in Kirkwall, Stromness or online as suits the counsellor and client. All Vital Talk Counsellors have trained to Diploma level or are in the final year of Their training. Young people's counselling is available when a counsellor is available.

Address: Vital Talk, the Life Centre, East Road, Kirkwall, KW15 1LX

Tel: 07510927444

Email: enquiries@vitaltalk.co.uk



Orkney Foodbank

Orkney Foodbank is a third sector service offering foodstuffs, basic toiletries, cleaning products and electricity top ups to those living in poverty in Orkney. Referrals to the foodbank service can be accessed through a mix of 33 statutory and third sector services.

Address: Dunkirk, Shore Street, Kirkwall, KW151LG

Tel: 01856 873685 / 07719293378

Email: info@orkney.foodbank.org.uk



Orkney Community Fridge

Run by the Orkney Greens, the Community Fridge is an initiative aiming to reduce food waste from local shops and supermarkets by providing produce free to the local community rather than sending it to landfill.

The Fridge is based at the ORSAS hub on Bridge street and is open Monday – Friday evenings (2030-2100), then through The day on Tuesday, Thursday and Saturday (1200 -1400)

A second Fridge is available in Stromness at 116 Victoria Street with opening Times of Monday – Sunday evenings (2030-2100), then through the day on Wednesday (1200-1300) and Saturday (1200-1400).

Address: ORSAS Hub, 26 Bridge Street, Kirkwall, KW15 1HR

Facebook: <https://www.facebook.com/greenerorkneycommunityfridge/>

Email: greenerorkney@gmail.com



Open

Tuesday, Thursday and Saturday 12-2

Monday, Wednesday, Friday 2100

-2130

Advocacy Orkney

Advocacy Orkney are a third sector service providing independent advocacy to the people of Orkney. The service is completely free and confidential, with a focus upon helping those who are vulnerable.

Address: Anchor Buildings, 6 Bridge Street, Kirkwall, KW15 1HR

Tel: 01856 870111

Email: servicemanager@advocacyorkney.org

Supporting your voice



Voluntary Action Orkney

VAO is Orkney's Third Sector Interface (TSI) which supports the third sector in Orkney by providing advice, information, and practical services. VAO also run their own in house youth and befriending services and host a directory of Orkney third sector provisions

Address: Anchor Buildings, 6 bridge Street, Kirkwall, KW151HR

Tel: 01856 872897

Email: enquiries@vaorkney.org.uk



Citizens Advice Scotland

Orkney Citizens Advice is part of the Citizens Advice Scotland network and provide free, independent, confidential, and impartial advice to everyone. The Orkney hub operates an appointment only system, contact them by phone to arrange an appointment Mon – Fri between 10.00 and 14.00hrs.

Address: Orkney Citizens Advice, Anchor Buildings, 6 Bridge Street, orkney, KW151HR

Tel: 01856 875266

Email: bureau@orkneycab.casonline.org.uk

