

## Control It Group Education session: Self-referral form



Thank you for referring into the Control It Type 2 Diabetes/Pre-diabetes Group Education session. Please only complete this form and refer into the service if you have had a diagnosis of pre-diabetes or type 2 diabetes from your GP or other Health Care Profession. You can refer in by:

- Phone into the Public Health Department, **01856 888084**
- Complete the below referral form and send it by email to [ork.healthimprovement@nhs.scot](mailto:ork.healthimprovement@nhs.scot) or by post to **Public Health Team, The Balfour, Forelands Road, Kirkwall, KW15 1BH**

### Personal details:

<b>Name*</b>	
<b>Date of birth* (dd/mm/yyyy)</b>	
<b>Address</b>	
<b>Postcode*</b>	
<b>Contact telephone number(s) *</b>	
<b>Email address</b>	
<b>GP practice*</b>	
<b>Pre-diabetes or Type 2 Diabetes?</b>	
<b>Additional information (optional)</b>	

**\*required sections**

### Data privacy:

By providing NHS Orkney with your details, you are giving us consent to process your personal information. The information you provide will be stored securely on NHS systems and deleted when no longer required. The data you provide will not be used for any other purpose other than the booking of the Control It group education sessions. If you have any concerns about how we process your personal information, please contact [ork.dp@nhs.scot](mailto:ork.dp@nhs.scot) or 888253. For more information on how NHS Orkney upholds your information rights, please visit: <https://www.ohb.scot.nhs.uk/your-information-and-how-we-use-it>.